

STATE OF ALASKA  
DIVISION OF MOTOR VEHICLES

**COMMERCIAL DRIVER MEDICAL & SELF CERTIFYING VERIFICATION**

**THIS SECTION MUST BE COMPLETED IN FULL BY THE APPLICANT. MUST BE COMPLETED IN BLACK OR BLUE INK.**

CURRENT LEGAL NAME (FIRST, MIDDLE, LAST, SUFFIX)				DATE OF BIRTH	
SOCIAL SECURITY NUMBER*	DRIVERS LICENSE NUMBER	STATE OF ISSUE	HEIGHT	WEIGHT	EYE COLOR

\*MANDATORY DISCLOSURE REQUIRED BY AS 28.33.100. USED FOR IDENTIFICATION ONLY. RELEASED ONLY TO GOVERNMENT AGENCIES.

**PLEASE CHECK THE APPROPRIATE BOX FOR THE TYPE OF OPERATION THAT APPLIES TO YOU. SEE THE BACK OF THIS FORM FOR GUIDANCE AND DEFINITIONS:**

- NON-EXCEPTED INTERSTATE (NI)** A type of operation that does not fall under the excepted types of operation  
(Current medical certificate required.) see (CDL medical handout) AND only operates in interstate commerce.
- NON-EXCEPTED INTRASTATE (NA)** A type of operation that does not fall under the excepted types of operation  
(Current medical certificate required.) see (CDL medical handout) AND only operates in intrastate commerce.
- EXCEPTED INTERSTATE (EI)** A type of operation that falls under the excepted types of operation  
(Medical certificate NOT required.) see (CDL medical handout) AND only operates in interstate commerce.
- EXCEPTED INTRASTATE (EA)** A type of operation that falls under the excepted types of operation  
(Medical certificate NOT required.) see (CDL medical handout) AND only operates in intrastate commerce

**IF YOU HAVE SELECTED NON-EXCEPTED INTERSTATE OR NON-EXCEPTED INTRASTATE, YOU MUST PROVIDE A CURRENT MEDICAL CERTIFICATE TO THE DMV. DMV WILL RETAIN A COPY FOR OUR RECORDS.**

*I certify under penalty of law that all statements above are true and correct.*

SIGNATURE OF APPLICANT

DATE

**INSTRUCTIONS FOR SUBMITTING THIS FORM:**

If you are applying for an original or renewal of your CDL, please take all required forms to your local DMV.

If your CDL is current, you may submit the form along with any other documents that apply to you (Medical Examiner's Certificate, State or Federal Waiver, Skills Performance Evaluation) in the following manner:

- Mail to the address listed below;
- Scan and email to [doa.dmv.adl@alaska.gov](mailto:doa.dmv.adl@alaska.gov);
- Deliver to your local State DMV Office. A list of office locations and hours can be found on our website.

Your medical information will be updated in our system within 10 calendar days from the date of receipt.

Anchorage Driver Licensing  
1300 W. Benson Blvd, Ste. 100  
Anchorage, AK 99503

# CDL Medical & Self Certifying Verification Guide

**SPECIAL NOTE:** By selecting an INTRASTATE operation type, you are subject to the K restriction on your CDL. Only select INTRASTATE if you do not meet the Federal requirements for a CDL (under 21 or blind in one eye).

There are two differences between excepted and non excepted types of operation. The excepted types of operation are defined in 49 CFR 390.3 (f).

If you are any of these types of operation and you do NOT have a medical examiners certificate or medical waiver, you will want to self certify to either excepted interstate or excepted intrastate.

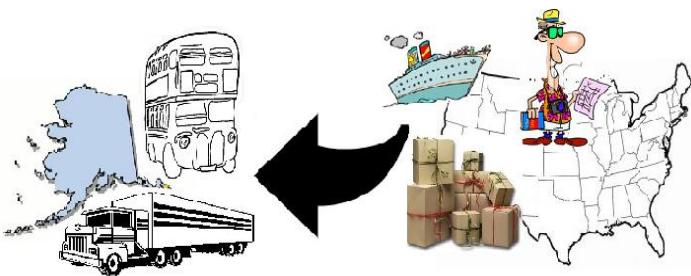
- Custom Farm Operations
- Bee Keepers
- Federal, State, Municipal or Borough transportation and/or operation
- Occasional transport of personal property
- Transportation of human corpses or sick/injured persons
- Fire trucks and rescue vehicles
- CMVs used to transport between 9 and 15 passengers, including the driver
- CMVs used primarily in transportation of propane winter heating fuel
- Driver of migrant workers

If you operate a CMV in anyway outside of the excepted types of operation or you have a valid medical examiners certificate, you are considered non-excepted.

## Difference between interstate and intrastate

**Interstate** = If the vehicle or load (may be goods or passengers) originates in one state and is transported to or through another state, the operation would be considered "interstate commerce".

**Intrastate** = If the vehicle or load (may be goods or passengers) originates in Alaska and the operator does not transport the vehicle or load outside of Alaska, it is considered "intrastate commerce"



If you have any questions regarding the self certification types or the requirements, please contact Anchorage Driver Licensing for assistance prior to submitting the form.

## DEFINITIONS

**INTERSTATE COMMERCE** means trade, traffic, or transportation in the United States—

- (1) Between a place in a State and a place outside of such State (including a place outside of the United States);
- (2) Between two places in a State through another State or a place outside of the United States; or
- (3) Between two places in a State as part of trade, traffic, or transportation originating or terminating outside the State or the United States.

Example: If the vehicle or load originates in one state and is transported to or through another state, the operation would be considered "interstate commerce".

**INTRASTATE COMMERCE** means any trade, traffic, or transportation in any State which is not described in the term "interstate commerce".

Example: If the vehicle or load originates in one state and operator does not transport the vehicle or load outside of the original state, it is considered "intrastate commerce".

**COMMERCE** means (a) any trade, traffic or transportation within the jurisdiction of the United States between a place in a State and a place outside of such State, including a place outside of the United States and (b) trade, traffic, and transportation in the United States which affects any trade, traffic, and transportation described in paragraph (a) of this definition.

### 383.71 DRIVER APPLICATION AND CERTIFICATION PROCEDURES.

**NON- EXCEPTED INTERSTATE.** A person must certify that he or she operates or expects to operate in interstate commerce, is both subject to and meets the qualification requirements under 49 CFR part 391, and is required to obtain a medical examiner's certificate by 391.45 of this chapter.

**EXCEPTED INTERSTATE.** A person must certify that he or she operates or expects to operate in interstate commerce, but engages exclusively in transportation or operations excepted under 49 CFR 390.3(f), 391.2, 391.68 or 398.3 from all parts of the qualification requirements of 49 CFR part 391, and is therefore not required to obtain a medical examiner's certificate by 49 CFR 391.45 of this chapter.

**NON-EXCEPTED INTRASTATE.** A person must certify that he or she operates in intrastate commerce and therefore is subject to State driver qualification requirements.

**EXCEPTED INTRASTATE.** A person must certify that he or she operates in intrastate commerce, but engages exclusively in transportation or operations excepted from all or parts of the State driver qualification requirements.